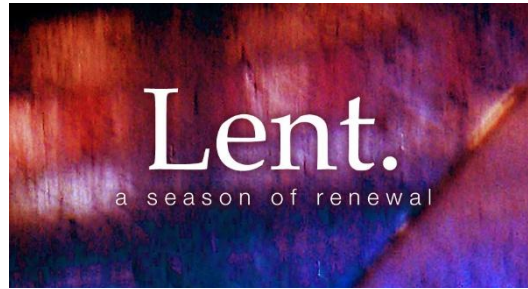


Service of the Word for Lent Land's End Benefice



The Greeting

We meet in the presence of God who knows our needs, hears our cries, feels our pain, and heals our wounds.

To you, O Lord, I lift up my soul: O my God, in you I trust.
You are the God of my salvation: To you, O Lord, I lift up my soul.
In you I hope all the day long. O my God, in you I trust. Remember,
Lord, your compassion and love, for they are forever lasting.
To you, O Lord, I lift up my soul; O my God, in you I trust.

Confession

Let us bring to mind the things we have thought, said or done which have disappointed ourselves, others and God, and ask for forgiveness.

The sacrifice of God is a broken spirit; a broken and contrite heart God will not despise. Let us come to the Lord, who is full of compassion, and acknowledge our transgressions in penitence and faith.

We are often slow to follow the example of Christ.
Lord, have mercy. **Lord, have mercy.**

We often fail to be known as Christ's disciples.
Christ, have mercy. **Christ, have mercy.**

We often fail to walk the way of the cross.
Lord, have mercy. **Lord, have mercy.**

May God who loved the world so much that he sent his Son to be our Saviour forgive *us our* sins and make *us* holy to serve him in the world, through Jesus Christ our Lord. **Amen.**

The Collect

Almighty God, whose Son Jesus Christ fasted forty days in the wilderness, and was tempted as we are, yet without sin: give us grace to discipline ourselves in obedience to your Spirit; and, as you know our weakness, so may we know your power to save; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen.

Reading Romans 5.12-19

¹²Just as sin came into the world through one man, and death came through sin, and so death spread to all because all have sinned – ¹³sin was indeed in the world before the law, but sin is not reckoned when there is no law. ¹⁴Yet death exercised dominion from Adam to Moses, even over those whose sins were not like the transgression of Adam, who is a type of the one who was to come.

¹⁵But the free gift is not like the trespass. For if the many died through the one man's trespass, much more surely have the grace of God and the free gift in the grace of the one man, Jesus Christ, abounded for the many. ¹⁶And the free gift is not like the effect of the one man's sin. For the judgement following one trespass brought condemnation but the free gift following many trespasses brings justification. ¹⁷If, because of the one man's trespass, death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one man, Jesus Christ.

¹⁸Therefore just as one man's trespass led to condemnation for all, so the act of righteousness of one leads to justification and life for all. ¹⁹For just as by the one person's disobedience the many were

made sinners, so by the one man's obedience the many will be made righteous.

This is the word of the Lord. **Thanks be to God**

Gospel Reading

Hear the Gospel of our Lord Jesus Christ according to Mark 1.9-15

Glory to you, O Lord.

⁹In those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. ¹⁰And just as he was coming up out of the water, he saw the heavens torn apart and the Spirit descending like a dove on him. ¹¹And a voice came from heaven, 'You are my Son, the Beloved; with you I am well pleased.'

¹²And the Spirit immediately drove him out into the wilderness. ¹³He was in the wilderness forty days, tempted by Satan; and he was with the wild beasts; and the angels waited on him. ¹⁴Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, ¹⁵and saying, 'The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news.'

This is the Gospel of the Lord. **Praise to you, O Christ.**

The Creed

Let us declare our faith in the resurrection of our Lord Jesus Christ.

Christ died for our sins

in accordance with the Scriptures;

he was buried;

he was raised to life on the third day

in accordance with the Scriptures;

afterwards he appeared to his followers,

and to all the apostles:

this we have received,

and this we believe. Amen.

cf 1 Corinthians 15.3-7

Prayers

Lord, in your mercy **hear our prayer.**

Concluding with The Lord's Prayer

As our Saviour taught us, so we pray:

**Our Father, who art in heaven, hallowed be thy name;
thy kingdom come; thy will be done; on earth as it is in heaven.
Give us this day our daily bread. And forgive us our trespasses, as
we forgive those who trespass against us. And lead us not into
temptation; but deliver us from evil. For thine is the kingdom, the
power and the glory, for ever and ever. Amen.**

Merciful Father,
**accept these prayers for the sake of your Son,
our Saviour Jesus Christ. Amen.**

The Peace

'The time is fulfilled, and the kingdom of God has come near; repent,
and believe in the good news. The peace of the Lord be always with
you.

The Dismissal and Blessing

You have opened to us your Word, O Lord. Stay with us, we pray,
that, blessed by your presence, we may walk with you all the days of
our life, and at its end behold you in your glory. Amen.

Christ give you grace to grow in holiness, to deny yourselves, take up
your cross, and follow him; and may the blessing of God almighty,
the Father, the Son, and the Holy Spirit, be among you and remain
with you always. **Amen.**

To a troubled world	Peace from Christ
To a searching world	Love from Christ
To a waiting world	Hope from Christ.

Go in the light and peace of Christ. **Thanks be to God.**